

PATENT ABSTRACTS OF JAPAN

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(54) BODY ROTATION MEASURING APPARATUS

(57) Abstract:

PURPOSE: To provide a swing training jig by which a turning angle of the waist or the shoulder can be instantly observed by oneself when the body is rotated after bar-shaped projecting materials are installed on the body in parallel to the body in order to master a swing such as sport by rotation of the waist or the shoulder.

CONSTITUTION: Bar-shaped projecting materials 2 and 3 are installed on the body by a belt 5 in parallel left and right to the body from the waist or the shoulder. Since the projecting materials 2 and 3 are united with the body, When the body is rotated, a turning quantity and a turning angle can be instantly grasped by oneself.

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